

## Religious Items in Custody Bitesize Additional Reading

Please see below for any further reading. All links are in chronological order of when they are mentioned.

Home Office statistics on religion:

<https://www.ons.gov.uk/peoplepopulationandcommunity/culturalidentity/religion/bulletins/religionenglandandwales/census2021>

Tenets of most common religions in the UK:

Buddhism: <https://www.bbc.co.uk/bitesize/topics/zh4mri6/articles/zdbvjhv>

Christianity: <https://www.bbc.co.uk/bitesize/topics/ztkxpv4/articles/zvfnkmm>

Hinduism: <https://www.bbc.co.uk/bitesize/topics/zh86n39/articles/zmpp92p>

Judaism: <https://www.bbc.co.uk/bitesize/topics/znwhfg8/articles/zh77vk7>

Islam: <https://www.bbc.co.uk/bitesize/topics/zpdtstk/articles/zrxgwx>

Sikhism: <https://www.bbc.co.uk/bitesize/topics/zsjpyrd/articles/zkjpkmn>

Other examples of Abrahamic faiths (other than Islam, Judaism and Christianity) include the Jehovah's Witness (<https://www.britannica.com/topic/Jehovahs-Witnesses>) – a likely adjustment for a Jehovah's Witness might be surrounding healthcare, due to scripture referring to the banning of consumption of blood, meaning that they will not accept blood transfusions.

Druze (<https://www.britannica.com/topic/Druze>)

Rastafari (<https://www.britannica.com/topic/Rastafari>) – a likely dietary requirement for Rastafarians might be a vegetarian meal due to the keeping of I-tal which means natural and clean. They might also be more likely to enjoy a cup of herbal tea rather than a cup of coffee as it is more in line with the keeping of I-tal.

Baha'i Faith (<https://www.britannica.com/topic/Bahai-Faith>)

Yazidi (<https://www.britannica.com/topic/Yazidi>) – a dietary requirement for Yazidis for example is that they may choose not to eat lettuce, as the Kurdish word for lettuce is 'Khas' which the Yazidis use to denote their saints and a reasonable adjustment might be allowing them to pray outside as they pray in the direction of the sun.

Some further spiritual beliefs you might come into contact with are:

Paganism: <https://www.britannica.com/topic/paganism>

Wicca: <https://www.britannica.com/topic/Wicca> - Likely to be vegan due to non-interference with nature principle.

Jainism: <https://www.britannica.com/topic/Jainism> - Likely to be vegan due to non-interference with nature principle – Jain also practice a belief of not consuming things that kill the plant completely such as potatoes.

Public Sector Equality Duty Bitesize:

<https://icva.org.uk/public-sector-equality-duty-psed-bitesize/>

International Covenant on Civil and Political Rights:

<https://www.ohchr.org/en/instruments-mechanisms/instruments/international-covenant-civil-and-political-rights>